

For more information on how you can protect our water, visit:

- https://www.jber.jb.mil/Services-Resources/Environmental/Water-Quality/
- https://dec.alaska.gov/water/waste water/stormwater/

Or Contact:

JBER Water Quality Program Manager

673rd CES/CEIEC

(907) 384-6228







Fats, Oils, and Grease (F.O.G)

Joint Base Elmendorf-Richardson

Can it. Cool it. Throw it away.

Do's

- Store grease in leak-proof containers with tightfitting lids. Once full, discard in trash with the lid secured.
- Secure containers to prevent accidental spills, vandalism, or unauthorized use.
- Wipe before washing. For greasy pans, pour the grease into a container and use a paper towel to wipe out the remaining grease in the pan prior to washing.
- Toss greasy or fatty food scraps in the trash rather than the garbage disposal.
- Use strainers in sink drains to catch food scraps and other solids. Empty the strainer contents into the trash.
- Store containers away from storm drains.

Don'ts

- Don't pour fat, oil or grease down drains or garbage disposals.
- Don't use hot water to rinse grease off cookware, utensils, dishes, or surfaces.
- Don't pour into storm grates or on the ground. This will clog the drains and pollute streams.

FATS OILS GREASE		
Solid at room temperature	Liquid at room temperature	Turns to liquid during cooking, but solidifies when cooled
Butter, shortening, margarine Peanut butter Meat trimmings Uncooked poultry skin Dairy: Cheeses, milk, cream, sour cream, Ice cream	Vegetable oil Canola oil Olive oil Corn oil Salad dressings Cooking oils	Gravy Mayonnaise Melted meat fat Bacon and sausage Boiled poultry skin Salad dressing

When FOG is dumped down the drain, it forms large, thick grease balls that clog pipes. The build-up of FOG in the plumbing system creates sewer back-ups and overflows that can damage your home or business and the environment. FOG washed down the sink sticks to the inside of sewer pipes both on your property and in the streets.



Improper FOG disposal leads to costly sewer backups and overflows, increased sewer rates, and public health and environmental hazards as it washes down storm drains and into waterways and creeks.



In the Event of a Grease Spill:

- Begin cleanup immediately
- Block or seal off nearby drains.
- Never wash leaks, spills or materials used for cleaning up spills onto nearby streets or into drains.
- Dispose of all materials used to clean up spills in a garbage can or dumpster.