

Summary of Services

- Pregnancy and childbirth education
- Newborn Care
- New parent support and home visits
- Early childhood development education
- Basic parenting education and skills development



Parent Quick Reference

Emergency – 911
Poison Control – (800) 222-1222
Security Forces – (907) 552-4444
FAP/NPSP Front Desk – (907) 580-5858
DAVA 24/7 – (907) 947-0888
673rd MDG Appt Line – (907) 580-2778
673rd MDG Main Pharmacy – (907) 580-3012
Refill Line – (907) 580-1170
Satellite Pharmacy (BX) – (907) 580-5526
Military Family Readiness – (907) 552-4943
Bldg 600 Resources (Ft. Rich) – (907) 384-1517
Military OneSource – (800) 342-9647
Anchorage WIC – (907) 343-4668
Tricare West – (844) 866-9378
Tricare Nurse Advice – (800) 874-2273, opt 1
United Concordia (Tricare Dental) – (844) 653-4061



New Parent Support Program

673rd MDG Family Advocacy Program
5955 Zeamer Ave.,
JBER, AK
Phone: (907) 580-5858

NEW PARENT SUPPORT PROGRAM



**Joint Base
Elmendorf-
Richardson,
Alaska**

*Getting support early is a
personal strength!*

Phone: (907) 580-5858

What is the New Parent Support Program (NPSP)?

The New Parent Support Program (NPSP) is a FREE service designed to help new parents who are expecting or adopting meet their challenging and changing roles as mother, father, and family.

It is a voluntary program available to Military beneficiaries who are expecting a child or who have a child under 3 years old.



How Can NPSP Meet the Needs of My Family?

Services are individualized for each family and are provided in a variety of settings. We can visit with you in your home, over the phone, or in the hospital. NPSP visits are not documented in your medical record.

Our main goal is to make the early years of parenting as rewarding as possible!

Services Available

- Home or office visits with a registered nurse
- Prenatal and fetal development education
- Childbirth education
- Breastfeeding support and education
- Baby care basics (one-on-one education)
- Community resources
- Information on infant & toddler growth & development
- Basic parenting skills

And more!



Where Do I Sign Up?

Call the JBER Family Advocacy Program at (907) 580-5858 to schedule an appointment to enroll in NPSP.

Once you are enrolled, we can provide the services as you need them.

[New Parent Support Program](#)

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