

What is Domestic Violence?

Domestic violence is a result of the abuse of power and control. Women, men and children can all be victims.

- **Physical Abuse:** Includes but is not limited to; slapping, punching, pushing, shoving, throwing objects at someone or strangulation.
- **Emotional Abuse:** Includes but is not limited to; name calling, put downs, isolation from friends and family, threatening victim or shaming through social media.
- **Sexual Abuse:** Includes but not limited to; rape, unwanted touching, coercion into sexual acts or the inability to consent.
- **Neglect:** Includes but is not limited to; withholding money, being denied access to financial records or not being able to work, attend school or medical appointments.

Security Forces

907-231-1448

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Chaplain Services

907-552-5762

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Mental Health

907-580-2181

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Family Advocacy Program (FAP)

907-580-5858

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Sexual Harassment Assault Response and
Prevention (SHARP)

907-384-1945

Off-Base Support

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AWAIC Women's Shelter

907-279-9581

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24/7 National DV Hotline

1-800-799-7233

Life chat: www.thehotline.org

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Suicide and Crisis Lifeline

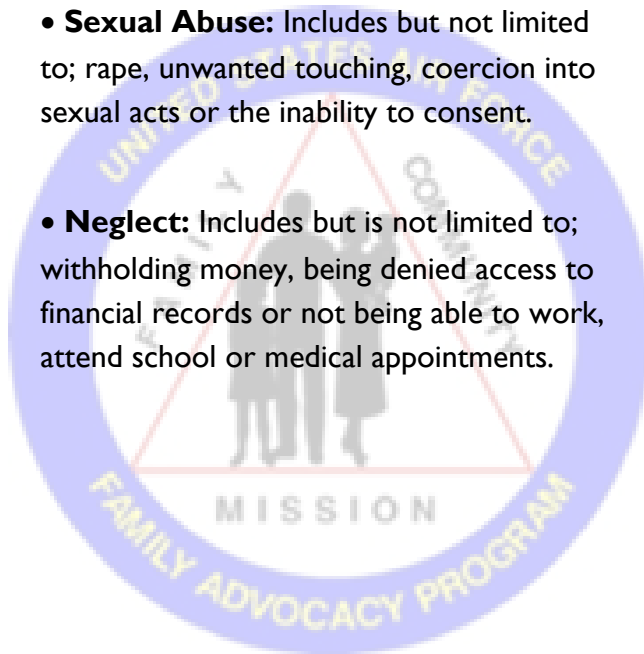
988

JOINT BASE ELMENDORF RICHARDSON (JBER)



If you fear for your *immediate safety*,
call 911.

673d MDG
LYNX WING 2ND FLOOR
HOURS: 0730-1630
TELE: 907-580-5858



DAVA Services

Family Advocacy Program (FAP) domestic abuse victim advocates can help adult victims of domestic emotional abuse, neglect, intimate partner sexual assault, and explain options for reporting abuse, assessing risk, developing safety plans, court attendance with victim and medical accompaniment. Victim Advocates are also able to help navigate through resources on and off installation.

DAVA's also provide support to non-offending caregivers (a parent that is actively protecting their child and has concerns for the child's safety with another caregiver).

Victim services provided by the DAVA are voluntary.

Victim Reporting Options

RESTRICTED REPORTING

A process allowing an adult victim of domestic abuse, who is eligible to receive military medical treatment, including civilians and contractors who are eligible to receive military healthcare outside the Continental United States on a reimbursable basis, the option of reporting an incident of domestic abuse to a specified individual without initiation of the investigative process or notification to the victim's or alleged offender's commander.

****PLEASE SPEAK WITH THE CHAPLAIN FOR MOST CONFIDENTIAL COMMUNICATION**

UNRESTRICTED REPORTING

A process allowing a victim of domestic abuse to report an incident using current reporting channels, e.g. chain of command, law enforcement or criminal investigative organization, and Family Advocacy Program for clinical intervention.

**** Restricted reporting option is not available when command, law enforcement, or children are involved.**

Safety Plan

Things to consider when creating a safety plan:

Warning signs that suggest an unsafe environment.

Social Supports that can help maintain safety (friends, family, coworkers)

Is support from law enforcement appropriate?

Will you need/have access to transportation, food, and money if the situation escalates?

Is a Civilian Protective order or Military No contact order appropriate?

Is the 1st Sgt or Command involvement needed to reduce the risk of harm?