

Child & Adolescent Mental Health Local Resources

North Star Behavioral Health System

Admissions number: 907-264-3506
<https://northstarbehavioral.com/programs-and-services/>

Acute Care Inpatient Programs:
The Trail Program: ages 4-18
The Cascade Trail at Alpine Academy: girls ages 12 to 18

Residential Programs:
The Summit: boys ages 11 to 18
Alpine Academy: girls ages 12 to 18

Providence

Psychiatric ER: 907-212-3200
<https://www.providence.org/locations/ak/behavioral-health-anchorage>

Teen Mental Health Crisis Line: 907-563-3200

Discovery Unit:
Acute 10-14 day stay
Ages 13 to 18, both male and female

Adolescent Residential Treatment Program:
Girls 12 to 17 years old
Focus on complex emotional trauma

JBER Resources

Child and Adolescent Psychiatry and Outpatient Mental Health: medication management, counseling/therapy and PCM consultation.

Referrals can be placed by the patient's PCM and directed for on-base care, state individual therapy or medication needs.

** We have received numerous requests for information regarding child and adolescent mental health resources in the community. These facilities offer such support. Their inclusion on this list does not constitute the endorsement of the Defense Health Agency**

