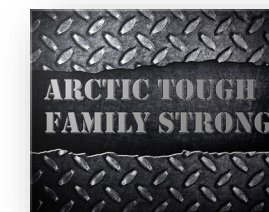




CIVILIAN EMPLOYEE SUPPORT RESOURCES



Support Services Available to JBER Civilian Employees

Current a/o May 26

Counseling & Support	Workplace Concerns	Safety & Advocacy	Family & Life	Emergency Support
<p>Employee Assistance Program (EAP) - DAF civilians Provides confidential non-medical counseling & support services for DAF civilian employees and their household members experiencing personal or work-related challenges. DSN: 384-0863 TOLL FREE: 866-580-9078</p>	<p>Equal Opportunity (EO): Provides mediation & facilitation; sexual harassment prevention & assistance; team building; EO training & education; unlawful discrimination & harassment/complaint counseling processing; options & guidance to address issues & concerns. DSN: 552-2115</p>	<p>Sexual Assault Prevention & Response (SAPR): Provides confidential victim advocacy & explains reporting options for individuals impacted by sexual assault, sexual harassment, & coordinates access to medical, legal, & support services. DSN: 552-2020</p>	<p>Military & Family Readiness Center (M&FRC): provides essential support services to civilian employees in: Relocation, Employment, Financial Readiness, Personal and Worklife, Deployment, Voting, and Volunteering. DSN: 552-4943 or 384-1517</p>	<p>988 Suicide & Crisis Lifeline: Provides free, confidential 24/7 crisis counseling for individuals experiencing emotional distress or suicidal thoughts. Dial 988 in Alaska, Hawaii, & Guam. Visit 988lifeline.org to access online chat or locate additional crisis resources in Japan & Korea</p>
<p>Chaplain Corps: When approved by a civilian employee's commander, Chaplains provide routine care, confidential counseling, crisis support, and guidance for personal or family concerns. During a crisis, Chaplains deliver immediate support and then coordinate a referral to the appropriate authorized care provider. DSN: 552-5762</p>	<p>Civilian Personnel Office (CPO): Provides guidance/advice on all aspects of civilian employment to include, workplace grievances, benefits/entitlements, allowances, & reasonable accommodation. DSN: 552-3572 (APF) 552-4563 (NAF)</p>	<p>Sexual Harassment/Assault Response & Prevention (SHARP): Provides confidential victim advocacy & explains reporting options for individuals impacted by sexual assault, sexual harassment, & coordinates access to medical, legal, & support services. DSN: 384-0766</p>	<p>Air Force School Liaison: Provides support to families by assisting with school transitions, enrollment, record transfers, and understanding school expectations. Offers guidance on public, private/ international and home school options, NDSP support in qualifying locations and special education navigation support. DSN: 384-1505</p>	<p>American Red Cross: Provides emergency communication & humanitarian assistance during serious family emergencies, helping connect civilian employees with their families when urgent situations arise. DSN: (907) 201-1890 or 444-9529</p>
<p>Employee Assistance Program (EAP) - Army & DHA civilians Provides confidential non-medical counseling & support services for civilian employees and their household members experiencing personal or work-related challenges. DSN: 384-0863 TOLL FREE: 800-356-7089</p>	<p>Inspector General (IG): Receives civilian complaints related to fraud, waste, abuse, misconduct, restrictions, or reprisal & helps ensure concerns are reviewed through appropriate oversight channels. DSN: 552-8384 or 384-0323</p>	<p>Substance Abuse Prevention Education (Prime for Life) This 3-day psychoeducational course is open to all DoW civilian personnel, veterans, and dependent spouses wanting to gain insight into problematic substance use and prevention. Facilitated by Army ASAP. DSN: 384-1412</p>	<p>Exceptional Family Member Program (EFMP) Support: Provides information & resource navigation support for families with special medical or educational needs. DSN: 552-8840 or 384-0225</p>	<p>Federal Employee Education & Assistance Fund (FEEA): Provides emergency financial grants & scholarship opportunities for federal civilian employees & their families experiencing financial hardship. Access: www.feea.org</p>