

# Alcohol Drug Abuse Prevention and Treatment (ADAPT)



JBER Hospital  
2nd Floor, Lynx Wing

**907-580-2181**

Monday-Friday 0730-1630



**\*If you are experiencing signs or symptoms of withdrawal (to include severe sweating, increased heart rate, agitation, hand tremors, and nausea/vomiting as a result of no alcohol use), please report to the nearest Emergency Department\***

## Mission

The mission of the ADAPT Program is to highlight prevention techniques that enhances resiliency, provide treatment for alcohol and substance abuse to promote a healthy community, minimize alcohol and drug related misconducts by encouraging responsible drinking habits and sustain mission readiness.

The primary objectives of the ADAPT Program are:

- Promote readiness, health, and wellness through the prevention and treatment of substance misuse and abuse
- Minimize the negative consequences of substance misuse and abuse, to the individual, family, and organization
- Provide comprehensive education and treatment to individuals who experience problems attributed to substance misuse or abuse
- Restore function and return members to unrestricted duty status, or to assist them in their transition to civilian life

## How Can ADAPT Provide Support?

Service members can ask for support from the ADAPT Program if drinking:

- Makes it difficult to perform your job
- Is happening too much, too often, or both
- Has you "rescheduling plans" to accommodate your drinking
- Is hard for you to control or always on your mind
- Regularly encourages participation in risky behaviors
- Increases symptoms or severity of mental health or general health concerns
- Has negatively affected relationships with others
- Has significantly increased in the amount needed to feel the desired affect

The Air Force has no tolerance for illicit drug use by Air Force personnel. However, please contact the ADAPT Clinic if you are seeking treatment for drug use. \*Be advised ADAPT is not to be used as legal consultation.\* The ADAPT Program's role is to provide assessment, consultation and recommendations as subject matter experts in order to return service members to full duty status.

## **Services Provided**

**Prevention and Education**

**Assessment**

**Treatment Services for potential alcohol-related issues**

**Psycho-educational Classes**

**Consultation for Referral (Command, Medical, or Self-Identification)**

Although all beneficiaries are eligible for treatment, the JBER ADAPT Clinic primarily supports Active Duty Air Force service members. Others will be served on a case by case basis to include Active Duty members of sister services, civilians, and dependents. Tricare beneficiaries do have the opportunity to be connected with available off-base services.