

NEW PARENT SUPPORT PROGRAM

Joint Base Elmendorf Richardson Family Advocacy Program

The New Parent Support Program (NPSP) is a FREE service designed to help expectant and new parents meet their challenging and changing roles as mother, father, and family. It is a voluntary program available to Military beneficiaries who are expecting a child or who have children under 36 months.

NPSP offers educational and supportive services via Prenatal/Postnatal Home, Office, & Hospital Visits to include the following;

- Prenatal Education on Pregnancy & Fetal Development
- Childbirth Education
- Breastfeeding Support and Education
- Baby Care Basics (One-on-one education)
- Community Resources Information and Referral
- Information on Infant & Toddler Growth & Development
- Nutritional Information
- Parenting Education
- Marital Counseling



FAMILY ADVOCACY PROGRAM - NPSP

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