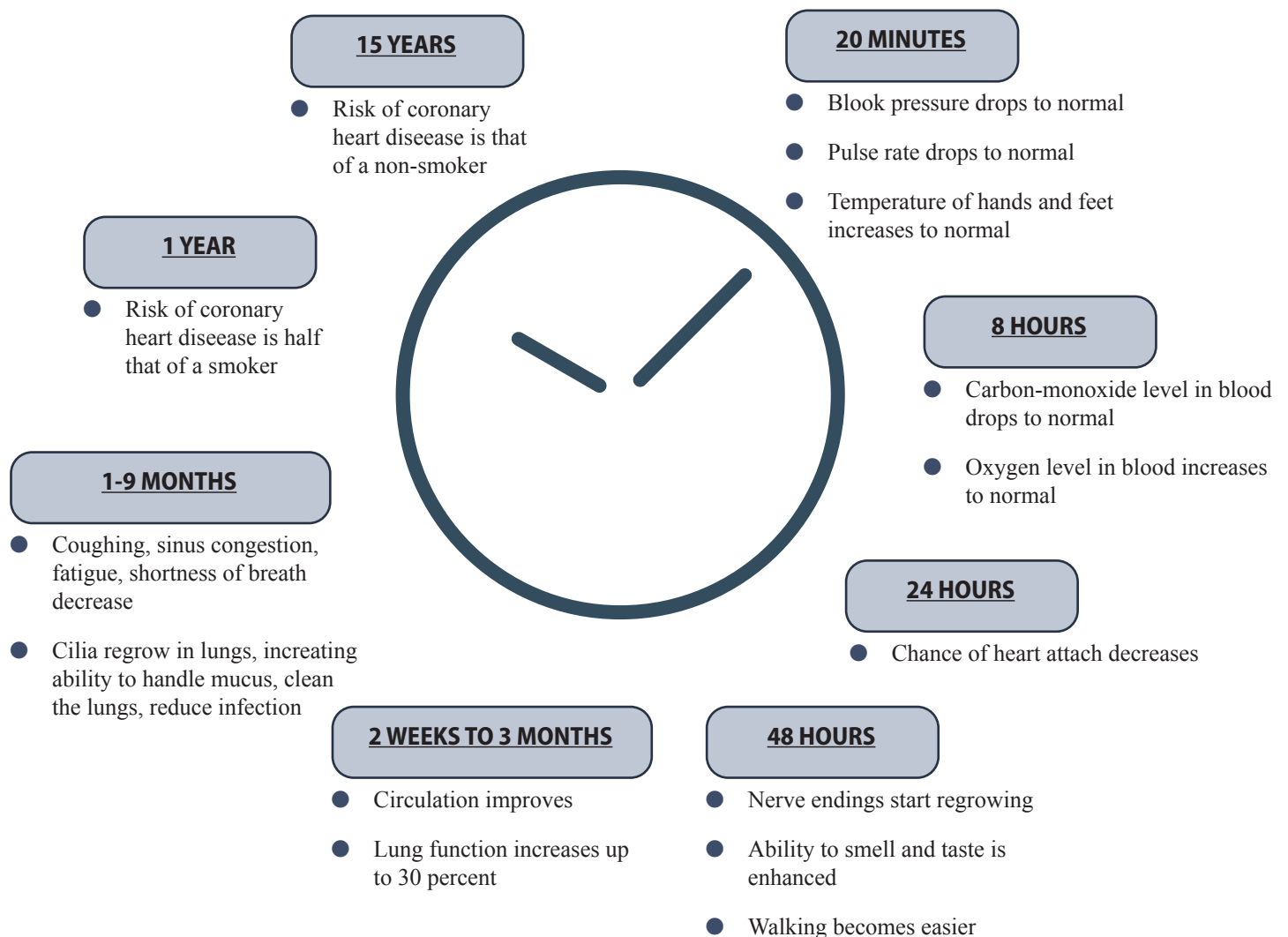


WHEN SMOKERS QUIT

July, 2021

Just 20 minutes after you've smoked that last cigarette, your body begins an ongoing series of beneficial changes:



Primary Care Behavioral Health